

MARCH 2016

# The Ridge Runner

The newsletter for the Episcopal Church of the Ridge  
EDGEFIELD • RIDGE SPRING • TRENTON



The Episcopal Church of the Ridge

## Fasting and Feasting During Lent

Wednesday, February 10, is Ash Wednesday. At the services on that day, we will be invited to observe a holy Lent with these words:

*Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.*

*I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.*

There are many ways to observe a holy Lent. Some people give things up. Some people take things on. There's a way to do both at the same time. The chief purpose of these disciplines is to become more conscious of ways we depend on things more than we depend on God so that we may draw closer to God and grow in our love for our neighbors.

Here are some ways to keep a Holy Lent, by William Arthur Ward:

*Fast from judging others; Feast on the Christ dwelling in them.  
Fast from emphasis on differences; Feast on the unity of life.  
Fast from apparent darkness; Feast on the reality of light.  
Fast from thoughts of illness; Feast on the healing power of God.  
Fast from words that pollute; Feast on phrases that purify.  
Fast from discontent; Feast on gratitude.  
Fast from anger; Feast on patience.  
Fast from pessimism; Feast on optimism.  
Fast from worry; Feast on divine order.  
Fast from complaining; Feast on appreciation.  
Fast from negatives; Feast on affirmatives.  
Fast from unrelenting pressures; Feast on unceasing prayer.  
Fast from hostility; Feast on non-resistance.  
Fast from bitterness; Feast on forgiveness.  
Fast from self-concern; Feast on compassion for others.  
Fast from personal anxiety; Feast on eternal truth.  
Fast from discouragements; Feast on hope.  
Fast from facts that depress; Feast on verities that uplift.  
Fast from lethargy; Feast on enthusiasm.  
Fast from thoughts that weaken; Feast on promises that inspire.  
Fast from shadows of sorrow; Feast on the sunlight of serenity.  
Fast from idle gossip; Feast on purposeful silence.  
Fast from problems that overwhelm; Feast on prayer that strengthens.*

—William Arthur Ward (American author, teacher and pastor, 1921-1994.)

**Borrowed from the blog e-piphanies written by Fr. Ron Pogue**

# BUDGET REPORT

## Receipts for January 2016

	Actual	Budget	Difference
Plate	\$ 2,038.00	\$ 2,211.00	-\$ 173.00
Pledge	\$ 8,962.00	\$ 9,172.00	-\$ 210.00
Total	\$ 10,790.00	\$ 11,383.00	-\$ 383.00

As designated by the Diocese, the loose collection on the first Sunday of February is to be given to Gravatt Camp & Conference Center. On Sunday, February 7 Church of the Ridge collected \$568.00 which our treasurer will send to Gravatt.

## 10th Annual Saluda County American Red Cross Auction

Friday, March 11, 2016

7-9 pm

Juniper Restaurant, Ridge Spring

Tickets \$35.00 each or 2 for \$60.00

Silent and live auction, all proceeds go directly to Saluda County Red Cross

For tickets, call Juniper at 803-685-7547, Phillips Boatwright at 803-685-7753 or Jerrold Watson 803-685-7881

## Food Bank Report

Thank you for continuing to support the food bank outreach ministry! The collection plate donations are sent to the food banks quarterly to purchase food to distribute to their participants. The collection plate donations are sent to the food banks quarterly to purchase food to distribute to their participants. We have continued distributing food (for both humans & pets) to both Johnston and Saluda food banks. Bring your food donations (non perishable, no glass, please) to church each Sunday! The food banks can also distribute items such as toiletries (toothpaste, toothbrushes, bar soap, etc.) and don't forget spices! We also make a point of including pet food (dog & cat) to help people keep their pet animals, often their only source of companionship. If you would like to participate in this exciting outreach ministry but are unable to attend church, you may make a donation and mail to our church office address! (Make check out to Church of the Ridge with 'food bank' in the subject line)

Mary Lou Seymour  
275-0841 or  
[libetymls1@gmail.com](mailto:libetymls1@gmail.com)



Food Bank Donations



## WISH LIST

### GRAVATT

The following items are need for Gravatt's summer camp and year-round programs. Donations to Gravatt are tax-deductible to the fullest extent allowed by law.

- \* Pick-up truck- need two (can be used)
- \* Mule/Gator ATV- need two
- \* Trailer
- \* Printer Paper
- \* Ping Pong Balls
- \* Table Tennis Paddles
- \* Playground Balls
- \* Tether Balls
- \* Pool Water Noodles
- \* JOOLA Inside Table Tennis Table
- \* Arrow Precision 28" Fiberglass Arrows
- \* SeaSense X-1 Kayak Paddle, 84-Inch
- \* Stearns Child's & Youth Boating Vests (red)
- \* Stearns Adult General Purpose Life Vest

## Annual Pancake Supper!

Thank you to everyone who helped with the Pancake Supper- from the decorators, to the kitchen staff, waiters and money takers, to the clean up team!! You make me proud to be a member of the Church of the Ridge family. You are always there to help when I need you and willing to do any job. We looked like a well oiled machine and we were able to raise \$501!!

Thank you, Kelly Vann



## MARCH WORSHIP MINISTERS & READINGS

### March 6 in Trenton ~ Fourth Sunday in Lent

Acolyte.....Hollis Holmes  
Eucharistic Minister.....Larry Vann  
Lector.....Scotty Scott  
Intercessor.....Dick Glass  
Altar.....Caro Cassels, Zelma Shore, Kelly Vann  
Usher.....Cal Cassels, Ric Vann  
Greeters.....Dick Glass, Sarah Schwarz  
Hospitality.....Ann Byrd  
Alms Counter.....Sarah Schwarz  
Readings.....Joshua 5:9-12, Psalm 32  
2 Corinthians 5:16-21, Gospel Luke 15:1-3, 11b-32

### March 13 in Ridge Spring ~ Fifth Sunday in Lent

Acolyte.....Jack Kornaus  
Eucharistic Minister.....Liz Kornaus  
Lector.....Maynard Watson  
Intercessor.....Larry Vann  
Altar.....Gerline Counts  
Usher.....Francis Counts  
Greeters.....Jack Schwarz, Larry Vann  
Hospitality.....Sarah Schwarz  
Alms Counter.....Jack Schwarz  
Readings.....Isaiah 43:16-21, Psalm 126  
Philippians 3:4b-14, Gospel John 12:1-8

### March 20 in Edgefield ~ Palm Sunday

Acolyte .....Virginia Brooks Bledsoe  
Eucharistic Minister.....Larry Vann  
Lector.....Haigh Reiniger  
Intercessor.....Kelly Vann  
Altar.....Nota Ginn, Helen Mims  
Usher.....Kevin Ginn, Lovick Mims  
Greeters.....Kelly Vann, Betsy Willis  
Hospitality.....Helen Feltham, Mary Lou Seymour  
Alms Counter.....Kelly Vann  
Readings.....Liturgy of the Palms...Psalm 118:1-2, 19-29  
Luke 19:28-40  
Liturgy of the Word...Isaiah 50:4-9a, Psalm 31:9-16  
Philippians 2:5-11, Gospel Luke 22:14-23:56

### March 24 in Trenton ~ Maundy Thursday

Acolyte.....Joannah Holmes  
Eucharistic Minister.....Monti McDaniel  
Lector.....Monti McDaniel  
Intercessor.....Peggy Ann Moss  
Altar.....Mary Derrick, Peggy Ann Moss, Liz Posey  
Usher.....Scott Derrick  
Reading..Exodus 12:1-4,(5-10),11-14 Psalm 116:1,10-17  
Philippians 3:17-4:1, Gospel Luke 13:31-35

### March 25 in Edgefield ~ Good Friday

Reading.....Isaiah 52:13-53:12, Psalm 22  
Hebrews 10:16-25, Gospel John 18:1-19:42

### March 27 in Trenton Easter

Acolyte .....Jack Kornaus  
Eucharistic Minister.....Liz Kornaus  
Lector.....Jerold Watson  
Intercessor.....Valerie Holmes  
Altar.....LeeAnn Pendarvis, Kathie Stallworth, Cindy Vann  
Usher.....Richard Pendarvis, Jerry Stallworth  
Greeters.....Kathie Stallworth, Larry Vann  
Hospitality.....Easter Egg Hunt & Refreshments  
Alms Counter.....Kathie Stallworth  
Reading.....Acts 10:34-43, Psalm 118:1-2,14-24  
1 Corinthians 15:19-26, Gospel John 20:1-18

## INTERCESSORY PRAYER LIST

### Friends and Family

Art Amos  
Edward Bodie  
Mary Grace Feltham  
Maxie Haltiwanger  
Tal LeGrand  
Johnny Bob Lester  
Mayrant Lojewski  
Carolyn Lovell  
Willie Mae Matheny  
Sandra McCory  
Tommy Stone  
Rebecca Robinson

### Those Awaiting the Birth of Children

Melissa and Bettis Rainsford  
Katie and Josh Yonce

### Military Personnel & Others Serving in Harms Way

Ensign Kevin Ginn USN  
Lt Col Jon McDaniel USMC

### Deaths

Jane Blume  
Hal Irish  
Johnnie Sowell Neese  
Emily Ann Owens



# March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 7:00 am Morning Prayer  6:00 pm Choir	3	4  World DAY OF Prayer	5
6  Trenton 10:00 am 	7	8	9 7:00 am Morning Prayer  6:00 pm Choir 7:00 PM Mission Council	10	11	12
13 Ridge Spring 10:00 am 	14 	15 RR Deadline  6:30 pm DOK Mtg	16 7:00 am Morning Prayer  6:00 pm Choir	17	18	19
20 Edgefield 10:00 am 	21	22	23 7:00 am Morning Prayer  6:00 pm Choir	24 Maundy Thursday 6:30 pm Trenton 	25 Good Friday 12:00 pm Edgefield 	26
27 Trenton 10:00 am 	28	29	30 7:00 am Morning Prayer  6:00 pm Choir	31	<b>Occurring Regularly in Edgefield</b> Thursday – 12:00 noon— AA Meeting Thursday—6:00 pm— Counseling Group	

## Sunday School SCHEDULE

**Lectionary Bible Study  
for Adults & Youth**  
Every Sunday at all locations  
9:00 am

## MARCH BIRTHDAYS

- |                     |                    |
|---------------------|--------------------|
| 1 Joann Amos        | 13 Sarah Rhoads    |
| 2 Linda Bodie       | 15 May Lou Seymour |
| Madeline Carroll    | 19 David Holmes    |
| 5 Danny Day         | 20 Ethel Feltham   |
| Ellie Grace Yonce   | Debra Watson       |
| 8 Debbie Layman     | 24 Kelly Vann      |
| Scotty Scott        | 27 Eliza Holmes    |
| 11 Monti McDaniel   | 28 Louise Derrick  |
| 13 Mayrant Lojewski | 30 Cindy Vann      |
| Buddy Miller        |                    |

## Daughters of The King

The Daughters of The King are here to pray for you and yours on a daily basis and in strictest confidence. Please let me or other Daughters know of a prayer request, and we will pass it along to our members. You may also put your prayer requests on the cards in the pews and put it in the offering plate on Sunday.

DOK has also been busy with a Christmas party for the children at *Women in Unity* and supplying Valentine's treats for them. We were packing weekend food bags for the children in attendance, however, the population there has changed somewhat, and they do not need the food.

With this realization we thought we could help those at Douglas Elementary in Trenton. When I spoke with the counselor there she told me they did indeed need food, however, the members at Mount Calvary Lutheran were supplying food. She put me in touch with them. After meeting with the committee there, we decided to join forces and help them. We have packed twice since Christmas and will go again in March. I want to stress this is not only for DOK but for any person who wants to help.

We are also helping monetarily. Mt. Calvary had spent somewhat over \$1400.00 on food for second semester. We wrote them a check for about \$739.00 which was greatly appreciated. They are having a yard sale on April 2 to raise funds for the *Kangaroo Kids* backpack program. DOK isn't allowed to raise money (per our charter) so while we have money now, we will need donations in the future. It takes a little more than \$7/child/week. We are currently feeding 43 in need children. Please keep us in mind. You could place cash in an envelope marked for DOK or just write it on the memo line of a check and place in the offering plate. Any amount will be appreciated.

We are always open to new members. Just speak to one of us and arrangements will be made for you to join.

For His sake and with blessings to each of you,  
Kathie Stallworth

Also, we ask for your continuing prayers for our projects.

## Pet Therapy ~ A Way to touch a "Soul"

What is pet therapy? In case some of you are not familiar with this term – it simply is taking a “certified” pet to visit those in an assisted care facility and or a hospital. Years ago in Charleston, I was introduced to this rewarding and beneficial “outreach ministry” while volunteering at Roper Hospital. I then joined in and have been doing it for almost 16 years. Once a pet is qualified (it must have all necessary shots i.e. rabies, etc.) and it must also have a gentle and loving temperament to be a “service” animal, I then contact the assisted living facility or hospital and set up a mutually agreeable time to visit the patients weekly or monthly.

Sometimes you hear the phrase “the Lord works in funny ways”...well, I believe pet therapy is one of the most effective ways. When you approach the open door of a room, you ask if they would like to see your pet. Most of their faces light up immediately and you take the leashed pet into their rooms. They love to pet these gentle animals and tell you all about the pets they had when they were growing up or just regale you with stories from their past. I have also been told (after the fact) that some folks will not “open up” to most people... yet they will pet my animals and talk with us. Also, I find that some patients are just lonely and just want to talk. This warm and open time with the pets makes it easier for them and sometimes they talk and talk and it is hard for us to leave. We try to cover the entire nursing home or hospital swing bed unit so that everyone has a chance to see the animals. When driving home, I find it impossible not to be uplifted after a pet therapy outing.

I have been quite blessed - so many of my volunteers are members of our congregation. Cathryn Brice, Leisa Long, Lynn Melton, Lady Hodges, and Liz Posey are a few and Mary Lou Seymour does her own pet therapy in Aiken and elsewhere. I understand that Mary Lou also brings pets to visit with the children that the Daughters of the King project has at Women in Unity.

Leisa Long went with me when I first started at Trinity Health Care Mission and I took 3 of my dogs. When we were all done and heading out the door to leave my oldest dog, Grand Pa, decided he was done and just laid down in the lobby of the nursing home. He would not move! It was really hot and I went to get the car to get closer to the entrance when lo and behold... out comes Leisa Long carrying Grand Pa in her arms (and he was the largest of all 3!) She was my angel that day.

Thanks for letting me share these stories. Gabby and Oliver (my current pets) are ready and looking forward to our next excursion. Miss Gabby will kiss you, lick your face, and show you all the love she has. Oliver just loyally wags that tail and prances like he is in the Westminster Dog Show!

Submitted by: Beth Byrd

# The Episcopal Church of the Ridge



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## MISSION COUNCIL MEMBERS

Dick Glass.....341-9070  
Liz Kornaus.....480-3488  
Carolyn Lovell.....532-3598, 730-6472  
Jack Schwarz.....685-7961  
Sarah Schwarz.....685-7961  
Kathie Stallworth.....279-8463  
Larry Vann.....275-3159  
Kelly Vann.....275-2207  
Betsy Willis.....275-3811

**SENIOR WARDEN** ..... Sarah Schwarz

**JUNIOR WARDEN** ..... Jack Schwarz

**TREASURER** ..... Jerrold Watson, 685-7881

**ASS'T. TREASURER**..... Dick Glass, 341-9070

**CLERK TO MC** ..... Leisa Long

**PUBLICIST**..... Emily Bull

## CHURCH OFFICE

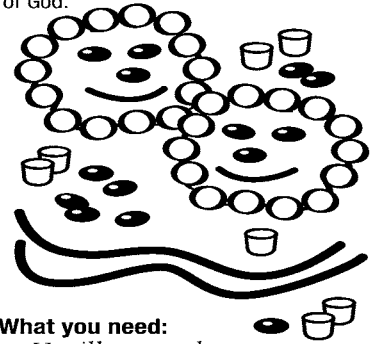
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WEBSITE [www.churchoftheridge.org](http://www.churchoftheridge.org)

## THE MISSION STATEMENT

To be a welcoming Christian community of worship,  
learning and outreach empowered by the grace of God.

## LITTLE LAMBS

Make these cute treats as a reminder that Jesus our Savior is also the Lamb of God.



### What you need:

- Vanilla cupcakes
- Vanilla frosting
- Butter knife
- Mini marshmallows
- Jellybeans
- Red licorice

### What you do:

1. Bake and frost the cupcakes.
2. Place marshmallows around the edge of each cupcake.
3. Cut green or blue jellybeans in half and place two on each cupcake as eyes. Cut pink jellybeans in half and place one below each pair of eyes as a nose.
4. Cut thin strips of licorice, and place one on each cupcake as a mouth.
5. Enjoy!

March 2016 